

A passion for people and a passion for life...

..are what drive Debbie Albrecht, of Colours Plus.

A North Canterbury based personal stylist, Debbie has clients in North Canterbury, Christchurch, Oamaru, and Queenstown.

Fashion consulting is very personal, individual and discreet. "I see my work as empowering ladies, making them feel good about themselves and helping to bring out the inner person that maybe they're not confident enough to express outwardly," says Debbie.

She works with a mixture of set rules and intuition. With a client, she will first analyse their suited colours with the aid of large fabric swatches. This determines whether her client is best with blue or yellow-based tones.

Next step - knowing what shape you are - is the key to selecting clothes that work for you. Clothes can make us feel really good; they can also make us feel negative about ourselves. You need to strive for what you feel good in.

Debbie likes to look at the client's existing wardrobe to see what works and what doesn't, and also ask questions like "When did you last wear this?" and "Do you think this is a good colour for you?"

Having whittled things back, the next step in Debbie's service is a shopping trip during which she will advise the client on what to look for in terms of colour, cut, fabric and fit.



"My clients are people who want to get it right; often they are very busy, a little unsure of what looks best on them, maybe stuck in a bit of a rut when it comes to experimenting with fashion.

"They want shopping to be a good experience that saves them time and money, and they want to finish up in the best style for them."

Come and see Debbie at Scargill Hall, 16th October 7pm: a fundraiser for Greta Valley School at which Debbie will talk about colour, style and 12 piece wardrobe. There will be transformations, dance performance, and a surprise performance.

Ticket \$25 available from Sally Mac's.

Contact Debbie on Ph. 03 313 5296 or 027 698 3838 or visit www.coloursplus.co.nz

You can also find Debbie at Sally Mac's of Amberley.